

## **School Health Advisory Council**

**SHAC is an advisory group of individuals who represent our community to provide advice on aspects of healthy youth, schools, and communities.**

### **Our Mission :**

**The Carlisle SHAC Team is to protect and promote the children and youth, (headstart -12<sup>th</sup>) by supporting school health programs and providing health instruction that reflect current health issues.**

### **Our Goals:**

**To provide students with the knowledge and skills that enable them to adopt and maintain healthy attitudes and behavior, improve health, safety, and well-being throughout their lives.**

**E-mail: [alfords@carl.sprnet.org](mailto:alfords@carl.sprnet.org)**

### **Links:**

**[www.childrenshealthfund.org](http://www.childrenshealthfund.org)**

**[www.schoolhealth.info](http://www.schoolhealth.info)**

**[www.webmd.com](http://www.webmd.com)**

**[www.squaremeals.org](http://www.squaremeals.org)**

**Our SHAC meetings are in the Elementary Library @3:30 pm. We will meet in the month of October, November, February, and April. It will be posted 1 week prior to the meeting.**