

**Carlisle ISD
Secondary Grades 6th-12th
November 2009**



Origins includes Entrée, Vegetables, Fresh/Canned Fruit or 100% Fruit Slush & Choice of Milk



**FEATURED DAILY
Fresh Baked Pepperoni Pizza
Or Specialty Pizza**

November 2-6

- MON** Corn Dog, French Fries, Mixed Vegetables, Strawberries
- TUE** Hot Ham & Cheese On Bun, Green Peas, Corn, Blueberry Muffin Square *National Sandwich Day*
- WED** Enchiladas, Pinto Beans, Lettuce, Tomato, Spanish Rice, Raisins, Apple, Orange
- THU** Catfish Strips, Green Beans, Butternut Squash, Diced Peaches
- FRI** Nachos, Refried Beans, Lettuce, Tomato, Applesauce, *National Nacho Day*

November 9-13

- MON** Made To Order Hoagie, Choice Of Meats, Choice Of Fresh Vegetables, Baked Chips, Diced Peaches
- TUE** Homemade Beef Stew, Cornbread, Fresh Fruit, Diced Peaches
- WED** Chicken Nuggets, Mixed Vegetables, French Fries, Pineapples
- THU** Whole Grain Pepperoni Or Sausage Pizza, Fries, Fruit Cocktail
- FRI** Frito Pie Or Beef & Bean Burrito, Corn, Lettuce, Tomato, Diced Peaches

November 16-20

- MON** Chicken Spaghetti, Green Peas, Corn, Diced Pears
- TUE** Baked Potato, Choice Of Cheese, Chili, Broccoli Cuts, Slice Of Bread, Mixed Fruit
- WED** Sausage Link On Bun, Pork & Beans, Mixed Vegetables, Strawberries
- THU** Turkey & Dressing, Green Beans, Candied Sweet Potatoes, Roll, Peach Cobbler
- FRI** Whole Grain Pepperoni Or Sausage Pizza, Potato Wedges, Orange

November 23-27

- MON** Steak Fingers, French Fries, Green Peas, Dried Cranberries
- TUE** Panini Grilled Sandwiches, Choice of Meats & Cheeses, Choice of Fresh Vegetables, Baked Chips, Fruit
- WED** Holiday
- THU** Holiday
- FRI** Holiday

November 30

- MON** Chicken Fried Steak, Mashed Potatoes, Green Beans, Gravy, Applesauce

November 9-13

- MONDAY** – Mushroom Pizza
- TUESDAY** – Cheese Pizza
- WEDNESDAY** – Sausage Pizza
- THURSDAY** – Jalapeno/Pepperoni Pizza
- FRIDAY** – Supreme Pizza

November 16-20

- MONDAY** – Jalapeno/Pepperoni Pizza
- TUESDAY** – Beef Pizza
- WEDNESDAY** – Sausage Pizza
- THURSDAY** – Ham/Pineapple Pizza*
- FRIDAY** – Cheese Pizza

November 23-27

- MONDAY** – Beef Pizza
- TUESDAY** – Cheese Pizza
- WEDNESDAY** – Holiday
- THURSDAY** – Holiday
- FRIDAY** – Holiday

November 30

- MONDAY** – Sausage Pizza

**Includes Pizza or Specialty Pizza
With Sides, Fresh Fruit or 100% Fruit
Slush and
Choice of Milk**

An asterisk(*) denotes components of Balanced Choices meals that meet strict nutrient parameters for calories, fat, saturated fat, cholesterol, fiber, sodium, and other key nutrients. All Balanced Choices meals include a choice of 1% white milk.

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